An Annual Program Providing Major Continuing Ed Credits for Health and Mental Health Professionals dealing with the Critical Behavioral Health and Addiction Issues Confronting Today's Adult Generations

with special program partnerships from the Military Utah Commission on Marriage Utah Division of Substance Abuse & Mental Health and more!

Founded & supported by the University of Utah Neuropsychiatric Institute 501 Chipeta Way Salt Lake City, UT 84108
Climb to the top and shed light on the most current and effective interventions for adults experiencing behavioral health and/or addiction issues confronting today’s society. Connect with professional colleagues in this popular, well-liked forum to also hear the latest research; build referral networks and resource options; and, prepare your practice for the next decade of changes - all while securing your continuing ed and ethics credits early in the year and decreasing your malpractice risks!

As a professional attending Generations 2014, you will increase your knowledge of the behavioral health and addiction issues facing today’s diverse adult generations via:

- sound clinical education;
- skill-building workshops;
- case practices;
- current evidence-based practices and practice-based evidence;
- in-depth clinical information;
- lively and interactive breakouts;
- debates & ethical discussions;
- breaking research; and,
- concrete tools & technical skills development.

You will also benefit by:

- meeting professional colleagues from Utah and surrounding states;
- increasing your referral base;
- expanding your current networks;
- developing new resources; and,
- exploring career opportunities.

Additionally, once you leave the conference, you will be able to:

- Develop strategies to more effectively promote the healthy growth and development of individuals in all adult developmental stages and various cultural / ethnic backgrounds who are dealing with behavioral health challenges;
- Use effective working tools to properly intervene in these issues;
- Access current resources and resource needs; and,
- Implement tools to develop and implement prevention and intervention programs in business, community and/or government sectors of the western states.

All this will promote your ability to improve your own clinical practice and enhance the care you provide clients. Join your professional colleagues in the following fields for this incomparable program:

- Addiction Treatment
- Case Management
- Counseling
- Education
- Employee Assistance
- Family Practice
- Geriatrics
- Gerontology
- Health Education
- Home Health
- Hospice
- Judicial / Corrections
- Long-Term Care
- Marriage / Family Therapy
- Medicine
- Military Specialties
- Nursing
- Primary Care
- Psychiatry
- Psychology
- Social Work
- Other Health, Behavioral Health & Addiction Professions
Generations 2014 provides you with major continuing education hours for an economical rate. You'll learn from national and local experts renowned in their fields. You will walk away with the most up-to-date information and most effective clinical skills and techniques in areas of addiction and behavioral health - with specific sessions designed for targeted areas such as individual, couples and family therapy; suicide; geriatrics; military; and, more. Up to seven hours of ethics options will also be available to help you meet your re-licensure requirements.

This two-day program offers up to 14 hours of course work for continuing education credit in most fields with an additional 14.5 hours possible via post-conference workshops in PASRR & ASIST. Keep your program syllabus for future use and immediate reference to the education, tools and resources you attain. This packet will also verify your participation which counts towards licensure requirements! For additional proof for licensure compliance, you may also register to receive a CEU/CME Certificate.

• Professional Credit: This program has been submitted to and/or already approved by the:
  - National Association of Alcohol and Drug Abuse Counselors (NAADAC)
  - National Association of Social Workers (NASW)
  - National Board for Certified Counselors (NBCC)
  - Utah Association for Marriage & Family Therapy (UAMFT)
  - Utah Healthcare Association (for Long-Term Care Administrators)
  - Nevada Nurses Association (Accredited approver of continuing education in nursing by the American Nurses Credentialing Center’s Commission on Accreditation)
  - Utah Psychological Association

• Accreditation: ESI Management Group is accredited by the Utah Medical Association to provide continuing medical education for physicians.

• AMA Credit: ESI Management Group designates this live educational activity for a maximum of 28.5 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

• Professional Credit & Verification: In some states, CME programs such as this may be used for re-licensure credit in other fields. It is the responsibility of each individual to record and report their attendance to their licensing organization and to check with their Boards to determine reciprocity and licensure credit as needed.

• Certificate of Attendance: Attendees may register to receive this document which may be used to verify participation to employers, accrediting organizations and others. (See "Registration Form")
Register Now & Guarantee Your Seat

No need to travel far, attend multiple trainings, pay big bucks, or sit through mediocre programs.

REGISTER TODAY FOR GENERATIONS 2014 and enjoy an incredibly priced, conveniently located program filled with class choices, targeted training and skill-building opportunities that will nearly fill your professional continuing education requirements and help you succeed in today’s quickly changing treatment environment! Reserve your seat at this celebrated, prized conference and be guaranteed:

- Substantial continuing education credits - including ethics content
- A comprehensive program packet with resource information & faculty handouts
- Copious networking opportunities
- Access to a conference bookstore
- Plentiful & flavorful food
- Programs by energetic & popularly requested faculty
- Skill-building practicums
- Specialized tracks in targeted therapeutic spheres
- Spacious, comfortable setting
- Nationally & locally celebrated faculty
- Audio-visual program enhancements
- Exhibit & resource areas
- A diversity of clinical presentations focused on treatment
- Discounted lodging accommodations
- Convenient, underground parking at a reduced rate
- Gifts & more!

To Register Simply:

- Complete and submit the attached "Registration Form" *
- Charge your credit card on-line at www.esimgt.org using conference code "G478"

In the event of unforeseen circumstances, cancellations must be received in writing by:
- March 7 for a full refund
- March 20 for a 50% refund
- No refunds will be granted after March 20

*Keep a copy of your payment or invoice as your receipt as no confirmations will be mailed.

Hotel Accommodations

Enjoy beautiful panoramic views of Salt Lake City from your room at the Marriott Downtown at City Creek just across the street from the Salt Palace Convention Center and just 10 minutes from the Salt Lake International Airport. To take advantage of discounted room rates available to you as a participant of Generations 2014, you may contact the hotel directly - Salt Lake Marriott Downtown at City Creek - 800-228-9290 or 801-531-0800 or...
The Marriott is located at 75 South West Temple.

**Parking & Transportation**

For your convenience and in support of a clean environment, carpooling and the use of TRAX are encouraged. The Temple Square TRAX stop is less than one block north of the convention center - on the intersect of West Temple and South Temple.

Convenient, underground, self-parking is available at the Salt Palace Convention Center for guests of Generations for a reduced rate of $8. For your maximum convenience, enter the lot on the south side of the Salt Palace - 200 South 200 West then ride the elevator to the main ballroom level.

Another option is the self-parking lot immediately north of the Peery Hotel for $12/day.

Guests of the Marriott at City Creek may park underground at the hotel for $15/day with in and out privileges. For airport transportation, you may use Express Shuttle (801-596-1600) for $8 per person each way or TRAX public transportation for $2.50 per person each way. (The TRAX stop is half-block north of the hotel.)

**City Events**

For information on Salt Lake City events or recreation during or around the conference dates, you may call the Salt Lake Convention and Visitors Bureau at 801-534-4901 or 800-541-4955. They can tell you all about the 12 world-class ski slopes within a 30-minute drive of the conference, Rocky Mountain Raceway, Antelope Island, the Great Salt Lake, and any other fantastic city highlights.

**Questions?**

Please call ESI Management Group at 801-501-9446 or toll-free 877-501-9446.

**PROGRAM HIGHLIGHTS**

*Generations* is never the 'same old, same old training'. Every year there is a plethora of contemporary faculty and distinct topics selected by the planning committee after painstaking exploration of current trends, gaps and provider requests / needs for practice. This translates into a unique, economical continuing ed opportunity with national and local experts - all under one roof.

*We listen & take action!* Based upon your feedback and region-wide surveys of health and mental health professionals like you, this year's remarkable agenda will capture eminent topics such as:
The Future of Behavioral Health Practices
Steamy Issues Like E-Cigarettes with Pro & Con Arguments
Autism
Ethical Dilemmas Facing Clinicians (approved for ethics credit)
Trauma of All Kinds & in All Populations - Including the Military
Clinical Skill Building Workshops in Motivational Interviewing, Cognitive Behavioral Therapy, and more
Substance Use Disorder Treatment Techniques & Debates
Suicide Prevention & Interventions for All Settings
Gottman Relationship Therapy Tools
Emotionally Focused Therapy Skills
Outcome Tools & Other Clinical Ropes
Understanding & Supporting Older Adults & Their Families
Sleep, Nutrition, Resiliency & Overall Health
Humor & Other Ways to Avoid Secondary Trauma & Professional Burnout

Over the years, there have been many shinning stars. This April we are making an exception and bringing back a number of those brilliant faculty members whom attendees have repeatedly requested. Their topics will be new and their styles will be guaranteed to please -

Michael Lowry, MD - Decreasing Vulnerability & Increasing Resilience
Brad Lundahl, PhD - Motivational Interviewing Skills
William M. McMahon, MD - Adults with Autism
Adam Schwebach, PhD - Common Brain Changes in Aging & Amidst Addictions
Christopher Stock, PharmD, BCPP - Opioid Abuse & Narcan as a New Lifesaver
Michael Tragakis, PhD - Behavioral Chain Analysis & Crisis Management

In addition to these stellar performers, you will gleam many gems from the entire faculty including:

Edward B. Clark, MD
Chair - University of Utah Department of Pediatrics
Chief Medical Officer - Primary
Children's Hospital
Pioneer in Congenital Cardiovascular Malformations & Scholar on Future Health Trends

Scott Browning, PhD
Professor - Chestnut Hill College Department of Professional Psychology
Recognized Scholar & Author on Stepfamilies

Judith Landau, MD, DPM, LMFT, CAI, CIP, BRI II
Neuropsychiatrist & Isangoma (traditional African healer)
Co-Developer & international trainer of the evidence-based best practice ARISE Continuum of Care
Specialist in Long-Term Healing for Survivors & Families of Trauma (inc. addiction, PTSD & head injury)

Michael E. Berrett, PhD
Psychologist, CEO & Co-Founder - Center for Change
Co-Author & Nationally Known Clinical Trainer
2014 AGENDA

Monday — April 7, 2014

7:00 - 8:00
REGISTRATION, EXHIBITS & CONTINENTAL BREAKFAST

8:00 - 9:15
WELCOME
Roxanne Bartell, MD – CME Course Director, University of Utah Neuropsychiatric Institute

KEYNOTE ADDRESS: THE TRANSFORMATION OF CLINICAL PRACTICE: GETTING FROM HERE TO THERE
Edward B. Clark, MD - Chair, University of Utah Department of Pediatrics; Chief Medical Officer, Primary Children’s Hospital

9:15 - 9:30
EXHIBITS & BREAK

9:30 - 10:45
CONCURRENT SESSIONS

ASSESSMENT OF VULNERABLE OLDER ADULTS – INCLUDING THE THREE D’S
Patricia Bowling, MD - Provo Canyon Behavioral Hospital

BUILDING ‘TOUGH’ – RESILIENCY SKILLS FROM THE MILITARY
Burke Sorenson, PhD - University of Phoenix
Gerald White, MEed - Chaplain & State Family Program Director, Utah National Guard

CHANGING THE DIALOGUE FOR DEALING WITH LGBT ISSUES
Jerry Buie, LCSW
Shirley E. Cox, DSW - Professor of Clinical Practice, Brigham Young University School of Social Work
David Matheson, MS, CMHC - Clinical Director, Center of Gender Wholeness
Marybeth Raynes, LCSW, LMFT
Jim Struve, LCSW - Coordinator

**CREATING DIVERSION – DOES IT WORK?**  
*Barry Rose, LCSW* - Manager, University of Utah Neuropsychiatric Institute Crisis Program

**ETHICAL DILEMMAS RAISED BY TODAY’S INCREDEIBLE SCIENTIFIC ADVANCEMENTS IN GENETICS & NEURO-IMAGING RESEARCH**  
*John Kauwe, PhD* - Assistant Professor, Brigham Young University Biology & Neuroscience  
*Norman L. Foster, MD* - Professor, University of Utah School of Medicine Department of Neurology

**GOTTMAN PREDICTORS & PRINCIPLES FOR SUCCESSFUL RELATIONSHIP BUILDING**  
*Pamela Roskelley, MA, CMHC, GCT* - Private Practice

**IT’S MY BRAIN’S FAULT: IDENTIFYING & TREATING ADDICTIONS IN TODAY’S GENERATION**  
*Adam J. Schwebach, PhD* - Neuropsychologist, Neuropsychology Center of Utah

**YOU ASKED & IT’S BACK! MOTIVATIONAL INTERVIEWING & SELF-DETERMINATION THEORY: SKILLS TO ENHANCE CLIENT MOTIVATION**  
*Brad Lundahl, PhD* - Associate Professor, University of Utah College of Social Work

**10:45 - 11:00**  
**EXHIBITS & BREAK**

**11:00 - 12:00**  
**CONCURRENT SESSIONS**

**ADDITION ‘THOUGHT’ TO ‘CARE’ – SAFE PRESCRIBING FOR OLDER ADULTS**  
*Madhu Gundlapalli, MD* - Clinical Director, Utah State Hospital

**GOTTMAN PRINCIPLES FOR SUCCESSFUL RELATIONSHIP BUILDING**  
*Pamela Roskelley, MA, CMHC, GCT* - Private Practice

**HEALTH NAVIGATION & ETHICS**  
*Jeremy Christensen, LCSW (Moderator)* - Adult Program Administrator, Utah Division of Substance Abuse & Mental Health  
*Carmel Ferreira, MS, DO* - Health Navigator, Utah AIDS Foundation  
*Jack Winn, BS* - Outreach & Enrollment Specialist / Navigator, Association for Utah Community Health

**HUMAN TRAFFICKING: IS OUR PROBLEM**  
*Fernando Rivero, MPH, EMT-P* - Unified Fire Authority; Utah Trafficking In Persons Task Force

**IS IT REAL OR ‘JUST A CRY FOR ATTENTION’? SUICIDE PREVENTION ACROSS THE BOARD**  
*O. Kent Allen, LMFT* - President, Previdence Corporation  
*Rick Hawks, EdD* - Forensic Psychologist, Private Practice

**WHY DON’T THEY LISTEN? COMMON BRAIN CHANGES THAT IMPACT LIFE IN OLDER ADULTS**  
*Adam J. Schwebach, PhD* - Neuropsychologist, Neuropsychology Center of Utah

**YOU ASKED & IT’S BACK! MOTIVATIONAL INTERVIEWING SKILLS TO PREVENT & MANAGE CLIENTS’ RESISTANCE TO CHANGE**  
*Brad Lundahl, PhD* - Associate Professor, University of Utah College of Social Work

**YOUR BEST PACKED TOOL BOX FOR BIPOLAR DISORDER**  
*Ted Wander, MD* - Psychiatrist, Intermountain Healthcare

**12:00 - 1:00**  
**LUNCHEON**
12:00 - 2:15  LUNCHEON W/VIEWING & DISCUSSION OF “THE ANONYMOUS PEOPLE”
Mary Jo McMillen, SUDC - Executive Director, USARA
(A documentary about 23.5 million Americans in addiction recovery)

1:00 - 2:15  CONCURRENT SESSIONS

CBT ACTIVITIES TO MOVE YOUR CLIENT FORWARD
Jeff Bright, LCSW, BCN - Clinical Director, Utah Youth Village

CRITICAL ROLE OF FAMILIES IN PREVENTING SUICIDE & OTHER
HEALTH RISKS AND PROMOTING WELL-BEING OF LGBT YOUTH
Caitlin Ryan, PhD, ACSW - Family Acceptance Project Director, San Francisco
State University

FLOURISHING MENTAL HEALTH THROUGH POSITIVE EMOTIONS & MORE
S. Kirk Jensen, MTRS, CTRS - Utah State Hospital

IS IT ‘US’ OR ‘THEM’? COMMUNICATING WITH OLDER ADULTS TO
GET A POSITIVE END RESULT
Sheryl Salas-Diamantino, MBA, SSW, CVW - Seniors Care Source

LIVING BRAVE: PRACTICAL TOOLS FOR FIGHTING THE SHAME
GREMLINS
Kristy Lemmon, APRN, PMHNP-BC, CDWF - Journeys: Mental Health Services

THE ROAD TO RECOVERY LESS TRAVELED: EFFECTIVE
IMPLEMENTATION OF THE PSYCHO-EDUCATION MULTI-FAMILY
GROUP MODEL
Darin Carver, LCSW - Clinical Practice Administrator, Weber Human Services
John Evans, LMFT - Clinical Supervisor II, Weber Human Services

TRANSITIONS OF CARE & MEDICAL CONSIDERATIONS
Abril Atherton, PharmD, BCPS, BCPP - Clinical Pharmacy Specialist, Salt Lake
City VA Health Care System

WHEN SUBSTANCE USE DISORDERS STRIKE COUPLES
Tom McCullom, LCSW, ASLDC - McCullom Counseling & Intervention

2:15 - 2:30  EXHIBITS & BREAK

2:30 - 3:30  CONCURRENT SESSIONS

ADULTS WITH AUTISM – CAN THEY ‘OUTGROW’ IT?
William M. McMahon, MD - Professor & Chair, University of Utah Department of
Psychiatry

CRISIS RESPONSE: WHAT ROLE DOES THE MEDIA HAVE?
Kimberly Myers - Suicide Prevention Coordinator, Utah Division of Substance
Abuse & Mental Health (Coordinator)
Kenneth L. Verdoia, BA - Adjunct Assistant Professor, University of Utah
Communications; Production Director, KUED

EMOTIONALLY FOCUSED THERAPY FOR COUPLES - AN INTRO-
DUCTION TO EFT BASICS OF GUIDING PASSAGeways TO THE HEART
Jack Boden, CMHC, NCC - Certified EFT Therapist, Suncrest Counseling

NORTH OF EDEN: NON-PHARMACOLOGIC STRATEGIES TO
ADDRESS BEHAVIORAL EXPRESSIONS IN PERSONS WITH
DEMENTIA
Kate Nederostek, MGS, CDP - Director of Programs Alzheimer's Association Utah
Chapter

A STEAMY TOPIC: E-CIGARETTES – WHAT YOU SHOULD KNOW
Adam Bramwell, CHES - Marketing Manager & Media Liaison, Utah Department of
Health Tobacco Prevention & Control
Aaron Frazier - Director, Utah Vapers
THE NARRATIVE – A REAL SKILL TO ASSIST TRAUMA SURVIVORS  
Christina Nielsen Zidow, LCSW - Director of Clinical Operations, Odyssey House of Utah

TREATMENT OF DEPRESSION & ANXIETY  
Mara Ashby, LCSW - Cornerstone Counseling  
Annette Ephron, APRN - Cornerstone Counseling

USING SAMHSA’S EVIDENCE BASED CLUBHOUSE MODEL TO EMPOWER CONFIDENCE, PURPOSE & COMMUNITY AMONG ADULTS WITH SEVERE & PERSISTENT MENTAL ILLNESS  
Dan Braun, LCSW - Executive Director, Alliance House  
Deborah Gold, LCSW - Recovery Services Director, Davis Behavioral Health  
Alex Gonzales, LCMHC - Tooele County Director, Valley Behavioral Health  
Matt Reed, LCMHC - Clubhouse Director, Valley Behavioral Health Tooele  
Maddy Talbert, LCSW - Wasatch House Director, Wasatch Mental Health

3:30 - 3:45  EXHIBITS & BREAK

3:45 - 5:00  CONCURRENT SESSIONS

COMPLICATED GRIEF & THE DSM-5: IMPLICATIONS FOR YOUR PRACTICE  
Mark de St. Aubin, LCSW, FT - Associate Professor, University of Utah College of Social Work

GROUP TECHNIQUES YOU CAN USE NOW!  
John Bonner, LCSW - Cornerstone Counseling  
Jana Fulmer, CMHC - Cornerstone Counseling

LIFESPAN INTEGRATION: CONNECTING EGO STATES THRU TIME: A GENTLE TREATMENT FOR INDIVIDUALS & COUPLES TO HEAL FROM PTSD & ACUTE DISTRESS DISORDER  
Jack Boden, CMHC, NCC - Certified EFT Therapist, Suncrest Counseling

PEER SUPPORT & RECOVERY – IMPACTING YOUR PRACTICE IN THIS ‘NEW AGE OF HEALTHCARE’  
Julie H. Hardle, BA - Manager of Recovery & Resiliency, OptumHealth Salt Lake County

THE DEBATES CONTINUE: THE OLD AND NEW ETHICAL ISSUES AROUND MENTAL HEALTH IN THE MEDIA  
Kenneth L. Verdoia, BA - Adjunct Assistant Professor, University of Utah Communications; Production Director, KUED

TOOLS TO SAVE CLINICIANS & ADMINISTRATORS WHEN THE TEAM DEALS WITH SYMPTOMS OF DEMENTIA  
Carole VanHook, LCSW - Social Work Consultation Services

TREATING THE MALNOURISHED BRAIN: MIND, BODY & SOUL OF THE EATING DISORDERED CLIENT  
Michael E. Berrett, PhD - CEO & Cofounder, Center for Change

TREATMENT OF TRAUMA: A DEVELOPMENTAL RE-ENACTMENT MODEL  
Ron J. Llewelyn, PsyD - Clinical Psychologist, University of Phoenix  
Sarah Nolan, MSW - Valley Mental Health

5:00  SUICIDE PREVENTION DINNER  
Hosted by the American Foundation for Suicide Prevention and The Utah Division of Substance Abuse & Mental Health (by invitation only)

5:00 - 5:30  PASRR (Pre-Admission Screening Resident Review) RECEPTION

5:30 - 7:00  PASSR ROUND TABLE  
Robert H. Snarr, MPA, LCMHC - Program Manager, Utah Division of Substance Abuse and Mental Health
Tuesday — April 8, 2014

7:30 - 8:00  CHECK-IN, EXHIBITS & CONTINENTAL BREAKFAST

8:00 - 9:15  KEYNOTE ADDRESS: WORKING WITH THIS GENERATION'S FAMILIES – BLENDED, EXTENDED & OTHERWISE DEVELOPED
Scott Browning, PhD - Professor, Chestnut Hill College; Author & Therapist

9:15 - 9:30  EXHIBITS & BREAK

9:30 - 10:45  CONCURRENT SESSIONS

CLEARING THE AIR: DSM-5 & DIFFERENTIAL DIAGNOSIS
Cathie Delewski, DSW, LCSW - Supervisor of Crisis Workers, University of Utah Hospital

DSM-5 ASSESSMENT & TREATMENT OF TRAUMA
Harrison Weinstein, PhD - Clinical Psychologist, Salt Lake City VA Health Care System

GUARDIANSHIP: LEGAL OPTIONS, LEGAL TERMS, PROCEDURES & MORE
Anamari Rodabough, BS, RG - Program Coordinator, Guardianship Associates of Utah

THE LATEST TRENDS & INTEGRATED SUBSTANCE USE TREATMENT MODALITIES
Michael J. Crookston, MD - Medical Director, Dayspring at Intermountain Health Care
Mark C. Foote, MD - Medical Director, Behavioral Health Clinical Program, Intermountain Health Care

PREVENTION & TREATMENT OF OPIOID ABUSE & OVERDOSE
Christopher Stock, PharmD, BCPP - Clinical Pharmacy Specialist & Professor, George E. Wahlen VA Medical Center

RISK ASSESSMENT & ETHICS – INC. DUTY TO WARN & PROTECT
Pending Final Confirmation

UNMASKING EATING DISORDERS ACROSS THE GENERATIONS
Espra Andrus, LCSW - Therapist, Noted Author & Speaker
Robyn Cruze, MA - Qualified Recovery Coach; Actress, NEDA Navigator & Proud2BMe Contributor

WHY FAMILY THERAPY DOESN'T ADEQUATELY ADDRESS STEP FAMILIES
Scott Browning, PhD - Professor, Chestnut Hill College; Author & Therapist

10:45 - 11:00  EXHIBITS & BREAK

11:00 - 12:15  CONCURRENT SESSIONS

ARE STEPFAMILIES MORE VULNERABLE?
Scott Browning, PhD - Professor, Chestnut Hill College; Author & Therapist

COGNITIVE PROCESSING THERAPY & PROLONGED EXPOSURE FOR PSYCHOLOGICAL TRAUMA
Robin Lange, PhD - Chief Executive Officer, Utah Center for Evidence Based Treatment

ETHICS, PERSON-CENTERED PLANNING & DIRECTED DECISION-MAKING: ETHICAL SURROGATE DECISION-MAKING
Margy Campbell, LCSW, CFPIB - Center for Guardianship Certification; CEO & Founder, Age Connections, Inc.
Michelle S. Morris, RG - Director Guardian, Guardianship Associates of Utah
Anamari Rodabough, BS, RG - Program Coordinator, Guardianship Associates of Utah
GATHERING TROOPS & TOOLS: BATTLING EATING & CO-OCCURRING DISORDERS ACROSS THE GENERATIONS
Espra Andrus, LCSW - Therapist & Noted Author & Speaker
Robyn Cruze, MA - Qualified Recovery Coach; Actress, NEDA Navigator & Proud2BMe Contributor

HOW TO KNOW WHEN YOU DIDN’T KNOW YOUR PATIENT HAS A SLEEP DISORDER
Tom V. Cloward, MD - Medical Director, Intermountain Sleep Disorders Center
Lori Neeleman, PhD, CBSM - Behavioral Sleep Medicine Specialist, Intermountain Sleep Disorders Center

MAKING SENSE OF SYMPTOMS: BEHAVIOR CHAIN ANALYSIS IN PSYCHOTHERAPY
Michael W. Tragakis, PhD - Staff Psychologist, Salt Lake City VA Healthcare System

MEDICATION ASSISTED TREATMENT VS. MEDICATION AS TREATMENT
Michael E. Dusoe, PhD, LCSW - Owner & Director, A/D Psychotherapy & Clinical

OUTCOME INSTRUMENTS: ARE THEY WORTH THE EFFORT?
Frank M. Rees, PhD - Assistant Clinical Director, Utah State Hospital

12:15 - 1:15  LUNCH - On Your Own

1:15 - 2:30  CONCURRENT SESSIONS

FIDELITY AT WORK: COMMITTING, IMPLEMENTING & STICKING TO EVIDENCE BASED MODELS FOR IMPROVED OUTCOMES
Darin Carver, LCSW - Clinical Practice Administrator, Weber Human Services
Chuck Nuttall, LCSW - Owner/Founder, Mind, Body, Soul, Utah

GETTING CLIENTS THROUGH CRISIS: TEACHING CRISIS MANAGEMENT STRATEGIES
Michael W. Tragakis, PhD - Staff Psychologist, Salt Lake City VA Medical Center

INTEGRATION: THE WHY’S AND HOW’S OF THE BEHAVIORAL HEALTH OPTIMIZATION PROGRAM (BHOP)
John Mitchell, RN - Behavioral Healthcare Facilitator, Hill Air Force Base
John E. Simons, Major - Mental Health Flight Commander, Hill Air Force Base
David M. Steid, PhD - Clinical Psychologist, Hill Air Force Base

NUTRITION & MENTAL WELLNESS
Tim W. McGaughy, MD, PhD - Medical Director, Wasatch Mental Health

ONE FOR ALL & ALL FOR ONE: THE INTERGENERATIONAL FAMILY’S ROLE IN MENTAL HEALTH & ADDICTION
James Ott, LCSW, CAI - Executive Director, Red Willow Counseling & Recovery
Judith Landau, MD, DPM, LMFT, CAI, CIP, BRI II - Neuropsychiatrist, Co-Developer & International Trainer, ARISE

‘SHELL SHOCK’ / PTSD AS IT LIVES & BREATHES THROUGH THE GENERATIONS
Gita Rakhsha, PhD - Psychologist, PTSD Team, Salt Lake City VA Healthcare System

THERAPY IN PROGRESS WITH THE CREATED FAMILY: WORKING EFFECTIVELY FOR STEPFAMILY SUCCESS
Scott Browning, PhD - Professor, Chestnut Hill College; Author & Therapist

WORKING AROUND ‘A BRAIN ON DRUGS’
Barbara Sullivan, PhD - Associate Director, Utah Addiction Center

2:30 - 2:45  EXHIBITS & BREAK

2:45 - 3:45  CONCURRENT SESSIONS
BOUNCING BACK: THE EMERGING SCIENCE OF EMOTIONAL RESILIENCE
Michael Lowry, MD - Former Medical Director, University of Utah Neuropsychiatric Institute

I’VE LEARNED, ADJUSTED & AM NOW LIVING WITH BORDERLINE PERSONALITY DISORDER
Karen W. Malm, PhD - Executive Director, Summit Community Counseling
Chuck Nuttall, LCSW - Owner/Founder, Mind, Body, Soul, Utah
Panel

MIND-BODY APPROACHES TO PAIN MANAGEMENT
Paul Thielking, MD - Assistant Professor, University of Utah Department of Psychiatry

STEPFAMILY THERAPY: A TEN-STEP CLINICAL APPROACH
Scott Browning, PhD - Professor, Chestnut Hill College; Author & Therapist

SUPERVISION & BEYOND: ETHICS & PARALLEL PROCESS
Juergen E. Korbanka, PhD - Executive Director, Wasatch Mental Health

THE BIG PICTURE WHEN TRAUMA STRIKES COUPLES:
COGNITIVE BEHAVIORAL CONJOINT THERAPY FOR PTSD
Jeff L. Kilpatrick, LCSW, BCD - Salt Lake City VA Healthcare System
Justyn Manley, CSW - PTSD Specialist, Salt Lake City VA Healthcare System

WHO CAN? YOU CAN SAVE A LIFE WITH NARCAN
Christopher Stock, PharmD, BCPP - Clinical Pharmacy Specialist & Professor, George E. Wahlen VA Medical Center

WORKING WITH LGBTQ INDIVIDUALS: UNDERSTANDING THE ALPHABET SOUP ACROSS THE LIFESPAN
Michael Riguino, MSW - Outpatient Therapist, Wasatch Mental Health

3:50 - 5:00

CLOSING SESSION OPTIONS

COMBINING CONCEPT WITH PRACTICE: PUTTING IT TOGETHER
Scott Browning, PhD - Professor, Chestnut Hill College; Author & Therapist

MARK PAYNE KEYNOTE: HOW TO SAVE YOUR YER OWN HINNEY WHILE HELPING OTHERS: STRATEGIES TO AVOID PROFESSIONAL BURNOUT
Randy S. Chatelain, PhD, LMFT - Associate Professor, Weber State University Child & Family Studies; Private Practice

Post-Conference Workshop
April 9 & 10, 2014

8:00 - 5:00

APPLIED SUICIDE INTERVENTION SKILLS TRAINING (ASIST)
Certified ASIST Trainers from throughout Utah

ASIST – a two-day (13 CE hours for most disciplines) interactive workshop in suicide first-aid, provides ways to reduce immediate risks of suicide and increase supports for persons at-risk. It is suitable for all kinds of caregivers - health and mental health professionals, teachers, community workers, youth workers, volunteers, people responding to family, friends and co-workers.

This program will be hosted by, and conducted at, the University of Utah Neuropsychiatric. The Utah National Guard and other certified trainers will also partner in the offering of this program. Attendance at both days is required for CE credit and ASIST Certification. Space will be limited so early registration is recommended. The content may be difficult if you are feeling emotionally vulnerable, if you have suicidal thoughts, or have been recently bereaved. In such cases, you may wish to delay taking the course until you are feeling stronger. (Limited scholarships are available from the American Foundation for Suicide Prevention. For information contact Kim Myers - kmyers@utah.gov.)
Founder
University of Utah Neuropsychiatric Institute

Platinum Partner ($7,500)
Utah Division of Substance Abuse & Mental Health

Ruby Partner ($3,000)
Intermountain Health Care
MountainStar Behavioral Health Services Network

Sapphire Partners ($2,500)
Edward G. Callister Foundation
Recovery Ways
Valley Behavioral Health

Emerald Partners ($1,500)
Behavioral Health Network of Utah
Highland Ridge Hospital
Highland Springs Specialty Clinics
Pathways Real Life Recovery
Provo Canyon Behavioral Hospital
Utah Addiction Center
Utah Department of Veterans & Military Affairs

Exhibitors ($750)
First Step House
Garden Terrace
Legacy Outdoor Adventures
Millennium Labs
Odyssey House of Utah
Shadow Mountain Recovery
Steps Recovery Center
Summit Community Counseling
Therapymate
University of Utah College of Social Work & Utah Valley University

Combining Program Partners
Utah Marriage Commission

Others
H2H (Heroes to Hired)
Utah Employer Support of the Guard & Reserve (ESGR)
Utah Transition Assistance Administration (TAA)

Roxanne Bartel, MD - CME Course Director;
University of Utah Neuropsychiatric Institute
Geri Aldredge, PhD - Program Manager, Wasatch Mental Health
O. Kent Allen, MS - Owner, Allen Therapy Associates; President, Previdence Corporation
Doug Benson, PsyD - Director of Psychology, Utah State Hospital
Michael E. Dusoe, PhD, LCSW - Owner, A/D Psychotherapy & Clinical
Valerie Fritz, MA, SUDC, CAC - President / CEO, House of Hope
Julie H. Hardle, BA - Recovery & Resiliency Manager, OptumHealth, Salt Lake County

Jennifer Hebdon-Sejelstad, LCSW - Clinical Services Director, Salt Lake Regional Medical Center
Peter Hebertson, MS - Program Manager, Salt Lake County Aging Services
Rick Hendy, LCSW - Former Program Administrator, Utah Division of Substance Abuse & Mental Health
Mark A. Keller, LCSW - Administrative Director, Utah State Hospital
Juergen E. Korbanka, PhD - Executive Director, Wasatch Mental Health
Dorann C. Mitchell, LCSW - Director of Professional & Community Ed, University of Utah College of Social Work
Kate Nederostek, MGS, CDP - Director of Programs, Alzheimer's Association, Utah Chapter
Chuck Nutall, LCSW - Founder / Owner, Mind Body Soul, Utah
Lynda Perkins, CMHC - Social Services Coordinator, Lakeview Hospital Senior Pathways
Julie Rauel, LCSW - Program Manager, Valley Mental Health South Valley Unit
Melanie Reece - Coordinator, Utah Marriage Commission
Heather Shewell, LCSW - Intake Social Worker, Primary Children's Medical Center
Robert H. Snarr, MPA, LCMHC - Program Manager, Utah Division of Substance Abuse & Mental Health
Barbara Sullivan, PhD - Associate Director, Utah Addiction Center
Doug Thomas, LCSW - Director, Utah Division of Substance Abuse & Mental Health
Janet Wade, BSc - Utah Services Director, Easter Seals-Goodwill Northern Rocky Mountain
Sonnie Yudell, BS - Program Manager, Utah Division of Aging & Adult Services
Christina Nielsen-Zidow, LCSW - Clinical Operations Director, Odyssey House of Utah
Tia D. Korojogos, BSN, RN - President, ESI Management Group (facilitator)

Additional Planning Support
Steven Allen, PhD - Salt Lake City VA Medical Center
Troy C. Andersen, MS, LCSW - Center for Alzheimer's Care, Imaging & Research • Tammer Attallah, LCSW - Primary Children’s Medical Center • Sarudi Bennion - Salt Lake Regional Medical Center • Jeffereson S. Burton, MG - Utah National Guard • Anni Butterfield - Iasis Healthcare • Kirsten Cornia - Avalon Healthcare
Paul Cramer - St. Joseph Villa / Marian Center
Shirlene Dean, APRN - Child & Adolescent Behavioral Health Clinic • Brent Esplin, LMFT - Provo Canyon Behavioral Hospital • Dorothy Hall, LCSW - Utah Department of Workforce Services • Gary R. Harter - Department of Veterans & Military Affairs • Matt Howard - Spring Creek • Chris Huddleston - Garden Terrace • Mary Kay Kennedy - Provo Canyon Behavioral Hospital • Kim Kettle, LCSW - Valley Mental Health • Mary Jo McMullen - USARA • Heidi M. Mueser - Hearts for Hospice & Home Health • Kathy Nielson - Salt Lake County Caregiver Support Program
David P. Osborne - Utah National Guard • Tammy Phim - Highland Care Center • Julie Pinchak - Hill Air Force Base • Craig Rice, Col - Hill Air Force Base
Rita Roybal - Hill Air Force Base • Jania Sommers, LCSW - Utah Pride Center • Ross VanVranken, LCSW - University of Utah Neuropsychiatric Institute • Gerald R. White - Utah National Guard

* All information in this publication confirmed as of early print date.
REGISTRATION FORM

Name: _____________________________________       Degree: _____________________

Title: (if any) _____________________       Organization (if any): _______________________

Address: ___________________________________________________________________

City/State/Zip: _______________________________________________________________

Daytime Phone: (______) ________________     Email: _____________________________

* Substitutions will not be accepted after March 28th. Such changes must be made on-site.
* Confirmations will not be mailed. Your cancelled check or invoice will be your receipt / confirmation.

☐ On-line registration with credit card via www.esimgt.org using conference code "G478"

☐ Enclosed with this registration form, please find my check/money order, payable to:
"Generations 2014 - ESI" for:

EARLY-BIRD REGISTRATION (must be postmarked by February 28, 2014)

☐ $240 Two-Day Conference (Monday & Tuesday)
☐ $250 Two-Day Conference with CEU/CME Certificate
☐ $ 75 Couples Counseling Track, Utah Marriage Commission (Tuesday sessions by Dr. Scott Browning only & CEU Certificate for up to 7.25 hours)
☐ $  0 Monday Lunch Option with Viewing of “The Anonymous People”
☐ $ 18 Box Lunch Option Tuesday (Monday lunch included with full conference registration)
☐ $  0 PASRR Meeting (Monday 5:00 - 7:00 - Pre-Registration Required)
☐ $150 ASIST Certification Workshop (Wednesday & Thursday with materials and food)

GENERAL REGISTRATION (must be postmarked by March 28, 2014)

☐ $265 Two-Day Conference (Monday & Tuesday)
☐ $275 Two-Day Conference with CEU/CME Certificate
☐ $ 90 Couples Counseling Track, Utah Marriage Commission (Tuesday sessions by Dr. Scott Browning only & CEU Certificate for up to 7.25 hours)
☐ $  0 Monday Lunch Option with Viewing of “The Anonymous People”
☐ $ 20 Box Lunch Option Tuesday (Monday lunch included with full conference registration)
☐ $  0 PASRR Meeting (Monday 5:00 - 7:00 - Pre-Registration Required)
☐ $175 ASIST Certification Workshop (Wednesday & Thursday with materials and food)

$ _______ Total Amount Enclosed with this form -

Generations 2014 - ESI Management Group
Post Office Box 1734 - Draper, UT 84020-1734

☐ Please bill my agency as noted below. I have obtained approval for such billing using:
Purchase Order # _________________________

Contact: _________________________________   Title: _____________________________

Organization: ___________________________  Daytime Phone: (_____) ________________

Address: _____________________________________    City/State/Zip: _________________

ON-SITE REGISTRATION
This option will only be available as space permits. Lunch will not be guaranteed. If available, rates will be as follows:

☐ $330 Two-Day Conference (Monday & Tuesday - inc. CEU/CME Certificate)
☐ $120 Couples Counseling Track, Utah Marriage Commission (Tuesday sessions by Dr. Scott Browning only & CEU Certificate for up to 7.25 hours)
☐ $  0 PASRR Meeting (Monday 5:00 - 7:00 - Pre-Registration Required)
☐ $210 ASIST Certification Workshop (Wednesday & Thursday with materials and food)